Preface

Phase One includes boating for singles and “household” crews only. Access to Sagamore facilities is subject to updated guidance from state and local government and follows US Rowing guidelines. Rowing from the club will be under a set of very prescriptive stipulations; to avoid another suspension we must remain alert to the risks of Covid-19.

Given the severity of the situation and the inherent risks involved the club takes the adherence to these stipulations most seriously. Contravention would likely lead to individual sanction and possibly a halt of all boating activity from the club should we as a group not boat in a responsible manner. The situation will remain fluid throughout the duration of Covid-19 concerns.

We appreciate that this and the new boating document may come across as overbearing, but please know that this approach has been considered extensively and these measures have been implemented for: your own safety, safety of those using the facilities after you, for the safety of the club membership at large and also the wider population by reducing as much as possible any chance on infection while at the club.

Sagamore hopes you enjoy a safe and enjoyable return to the water and the sport we all love. In due course, we look forward to the club returning through phases, as appropriate, to being a hive of activity and flotillas booming across the bay once again.

The Protocol includes

I. General Rules in planning to row
II. Rules for Access
III. Detailed Boathouse Procedures
IV. Illness
V. Enforcement Measures

Section 1. General Rules in planning to row

1.1 An acknowledgement of the Protocol and Rules is required prior to any access to Sagamore Facilities. The acknowledgment and supplemental waiver is a Sagamore Google form. The form must be returned prior to boating no matter how experienced you deem yourself. The Google form is emailed to all active members and is also available upon request.

1.2 Safety on the water: At this time, US Rowing recommends everyone take this opportunity to refresh his/her familiarity with general water safety rules as covered in the Sagamore Participant Handbook and Sagamore's Safe Sport Policy.

1.3 Mobile phone: There is existing guidance that you have a mobile phone with you in a water-tight pouch that remains attached to you or the hull in the event of capsize, during this period this is mandatory. A phone will also come in useful if you come across someone else in difficulty. Remember in an emergency you call 911 and request the Bay Constable, Coast Guard or appropriate authority.

1.4 Aside from the clear risk from COVID-19 please also note there will be little if any safety cover on the bay, so the risks increase exponentially. We can only advise extreme caution and prudence is exercised before, during and after boating.

1.5 There will be no Sagamore programs and therefore no Sagamore launches operating during Phase One.

1.6 A buddy rowing practice recommends you launch with another sculler taking care to maintain social distancing while signing out and boating, this sculler can be an individual who is outside your household group as per state and local laws and regulations, but social distancing must be maintained. There is no need to paddle in very close proximity, please avoid any remote chance of passing on the virus, but do retain visual contact.

1.7 At this time, Rowing is permitted during daylight hours only.
Section 2. Rules For Access

2.1 Access is limited

a. Access to the boathouse by fob holders or members accompanied by a fob holder. The boathouse is comprised of the shell house structure, the adjoining yard and the staging areas.

b. At this time guests will not be accommodated.

c. The workbench areas in the boathouse and the Hamilton Avenue facility remain completely off limits.

d. Individuals are responsible for bringing their own tools; a 7/16 wrench, a 10mm wrench, extra washers, nuts, bolts, etc. are recommended.

e. Access is permitted to the boat bays subject to social distancing according to CDC guidelines.

f. Use of Town restrooms is preferred. Boathouse restrooms may be locked. If boathouse restrooms are available, they are reserved for toileting purposes only and subject to strict care by individuals to wipe down areas they touch. Occupancy is limited to preserve social distancing. Restrooms are only subject to the normal weekly general cleaning service. Daily cleanliness is within the purview of individual members being responsible and mindful. Windows are to remain open.

g. It is mandatory that each individual carry personal hand sanitizer and wipes are recommended.

h. Masks or appropriate facial coverings are to be worn in the shell house at all times.

2.2 Changing and personal items

a. Changing clothing at the boathouse is not permitted at this time.

b. US Rowing further directs NO personal belongings be left in the boathouse. Leave your things in your car.

c. Athletes are advised to have a waterproof bag for phone/keys/personal hand sanitizer to take on the water with them.

d. At such time as it is appropriate, a space for leaving keys may be delineated by the board and safety committee.

e. The outdoor shower is off limits for showering or changing at this time.

Section 3: Detailed Boathouse Procedure

3.1 In accordance with NYS and Nassau County laws, if all the stipulations in the boating document are met, Sagamore is happy to support the use of private singles and club singles as appropriate for size and skill together with small crew boats (provided each member of the crew is part of the same household) from the club.

3.2 The Boathouse Procedure has been put in place to ensure that shared surfaces, door handles, boat house keys/locks etc., are kept free from contamination. This is to protect you and fellow club members from the virus.

3.3 The Boathouse Process (this includes private boats)

a. Enter through the side door of the club. Sanitize hands prior to touching anything on the logbook stand.

b. Sign-out in the book. A contactless electronic logbook is being explored for long term use, but is not in place yet, so the logbook remains an area of enhanced vigilance. At such time as the contactless system is in place, the physical logbook will be removed. Athletes will be required to access the electronic feature through their own device (phone or tablet).

c. Use a key to unlock padlocks as needed.

d. All athletes are recommended to take enhanced precautions when handling any equipment whether personal or club. This includes the requirement of wearing a mask or face covering in common areas and when handling the lifts, slings, faucets, hoses, padlocks, light switches, door handles, in and around the restrooms if available, and around the logbook stand.

e. In using club equipment athletes are recommended to wear gloves and to cleanse club equipment before as well as after use as a precaution.
f. It is required to cleanse any shared equipment and surfaces after touching.
g. Boat and row in accordance to Sagamore traffic rules and mindful of social distancing at launch and recovery.
h. Upon return, place the boat into slings, these must be left out during the outing. Each athlete is responsible for the set of slings he/she sets out. Don't jump into or move a pair that someone else set out.
i. Upon return to the boathouse, observe clean hands and mask procedures. Wash down the equipment thoroughly with soap and water paying particular attention to areas you handle, i.e.: oarlocks, shoes, stretchers, seat, oar handles and slings.
j. Replace boat
k. Replace oars
l. Replace slings
m. Return anything else to its proper place
n. Sanitize hands with supplies provided or personal hand sanitizer.
o. Sign-in
p. Lock up, leave the club

*It is essential to sanitize your hands before handling anything that is commonly touched when inside the boathouse and when replacing equipment back into the boathouse.*

**Section 4: Illness**

4.1 Participants are cautioned to stay away in the event of any illness.
4.2 If exposure to covid-19 is suspected, the participant is required to stay away for not less than the recommended quarantine period.
4.3 It is the responsibility of the athlete to inform the club of his/her illness and/or close contact with confirmed covid19 positive individuals.
4.4 It may be necessary for the club to undertake additional sanitizing measures and/or institute additional safety procedures in the event of possible exposure.
4.5 In the event of a positive Covid-19 test, a participant may be required to furnish proof of medical clearance before returning to the club environment.
4.6 No abatement of the Safety Protocol is available to those recovered from covid-19 or those with evidence of antibodies.

**Section 5: Reporting and Enforcement**

5.1 The C-19 Safety Committee is tasked with monitoring the protocol.
5.2 Please report any unsafe practices to the C-19 Safety Committee Chair by email at membership@sagamorerowing.org.
5.3 Infractions of the Covid 19 Safety Protocol will be referred to the C-19 Safety Committee and thereafter the Board of Directors for any action.
5.4 The Protocol will be enforced following the general enforcement guidelines set forth in the Participant Handbook as for any infraction of House rules.
5.5 Participants who choose to violate or ignore the protocol will be sanctioned accordingly.
   a. A first infraction will result in a suspension of participant privileges for a period up to 2 weeks.
   b. A second infraction will result in suspension of participant privileges for a duration not less than 1 month.
   c. A third infraction will result in a termination of privileges for the remainder of the season.
5.6 The period of suspension is NOT refundable.
5.7 Cooperation is the key to our success. We endeavor to make the environment as safe as possible for all. That takes a measure of responsibility and accountability on everyone's part. If we pull together, we will be stronger.

5.8 Sagamore is entirely volunteer driven and is operating under austerity conditions at this time. Contributions to stock and restock essential cleaning and sanitizing supplies are encouraged and may be requested.