	Lea	2016 Long Island Fro	stbite I	Regat	ta Res	ults
- Circu - M	501	Race 1a: 08:00 AM	l Womer ght 1	ns Vars	ity 1x	
Place La	ane	Organization	Net Time	%	Raw	Handicap Split Pts
1st	4	Nereid (J. DiLauro)	00:08.13		00:08.13	
2nd	1	Oyster Bay (A. Paone)	00:17.46	114.8%	00:17.46	00:00:09.33
3rd	6	Amadeusz Rowing Academy (J. Coleman)	00:19.88	144.5%	00:19.88	00:00:11.75
4th	5	Amadeusz Rowing Academy (A. Hutzel)	00:36.16	344.8%	00:36.16	00:00:28.03
5th	3	Amadeusz Rowing Academy (R. Friedlander)	01:53.83	1300.1 %	01:53.83	00:01:45.70
	2	Knox Falcons (N. Lutz)	Did Not Finish			
100		380 660 940		1220	1	500
1					00:08.13	」 ☆ Nereid Boat Club, Inc.
2						Oyster Bay High School
3		00:19.88				Amadeusz Rowing Academy
4	00	0:36.16				Amadeusz Rowing Academy
5 · C	)1:5	3.83				Amadeusz Rowing Academy
		Page 1 c	of 1			Printed: 2016-Nov-06 08:24 AM Created using Regatta Workbench

	Her Ber Wo	gatta rkbench		ng Island   ce 1b: 08:08			Ŭ		sults	
					Fligh			5		/
Place	Lane	9	Organizat	ion		Net Time	%	Raw	Handicap Split	Pts
1st	5	Amadeusz	Rowing Academy	(G. Goodyear)		00:08.35		00:08.35		
2nd	2	Amadeusz	Rowing Academy	(A. LoCastro)		00:10.24	22.6%	00:10.24	00:00:01.	.89
3rd	1	Oyster Bay	(G. Grassi)			00:12.23	46.5%	00:12.23	00:00:03.	.88
4th	4	Oyster Bay	(K. Paone)			00:33.56	301.9%	00:33.56	00:00:25.	.21
5th	3	Nereid (N	. Parisi)			00:37.41	348.0%	00:37.41	00:00:29.	.06
	6	Knox Falco	ns (S. Rathjen)			Did Not Finish				
300 L	)	54	10 <del>7</del>	780 	1020 		1260 I		1500 I	
1								00:08.35	5 · Amadeusz Rowing	Academy
2						00:10.24	+		Amadeusz Rowing	Academy
3				00:12.2	3	••••••			Oyster Bay High Sc	hool
 4	+								Oyster Bay High Sc	
. <sup>.</sup> 5	 + 01	0:37.41							Nereid Boat Club, Ir	
										10.
				Ρ	age 1 of	1			Printed: 2016-Nov-06 Created using Regatta V	

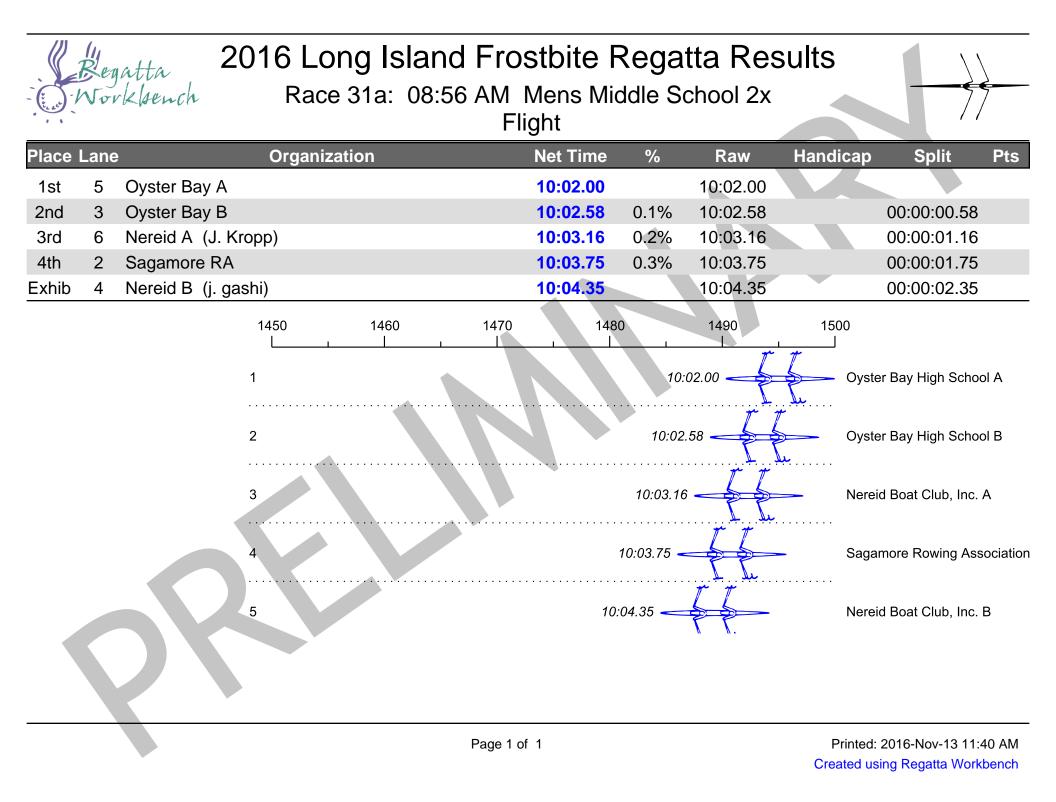
	[1] 8 ei Noi	Atta 2016 Long Island Fi Race 2a: 08:16 F			Ŭ		sults
Place L	ane	e Organization	Net T	ime	%	Raw	Handicap Split Pts
1st	4	Amadeusz Rowing Academy (B. Annunziato)	00:06	.00		00:06.00	
2nd	6	Amadeusz Rowing Academy (J. Fallon)	00:07	.45	24.2%	00:07.45	00:00:01.45
3rd	1	Amadeusz Rowing Academy (A. Frankini)	30:00	.42	40.3%	00:08.42	00:00:02.42
4th	7	McGann Mercy (J. Deutsch)	30:00	.90	48.3%	00:08.90	00:00:02.90
5th	5	Sagamore RA	00:09		59.3%	00:09.56	00:00:03.56
	2	Nereid (G. Seiz)	Scra				
	3	Amadeusz Rowing Academy (K. Dworak)	Did I Fini				
900 			60		1380 	1	500 _
1						00:06.00	Amadeusz Rowing Academy
2	•••	00:07.45 +					Amadeusz Rowing Academy
3	• • •	00:08.42 +					Amadeusz Rowing Academy
 4		00:08.90 +					McGann Mercy High School
 5	• • •	00:09.56					Sagamore Rowing Association
·							·
		Page	e1of1				Printed: 2016-Nov-06 09:14 AM Created using Regatta Workbench

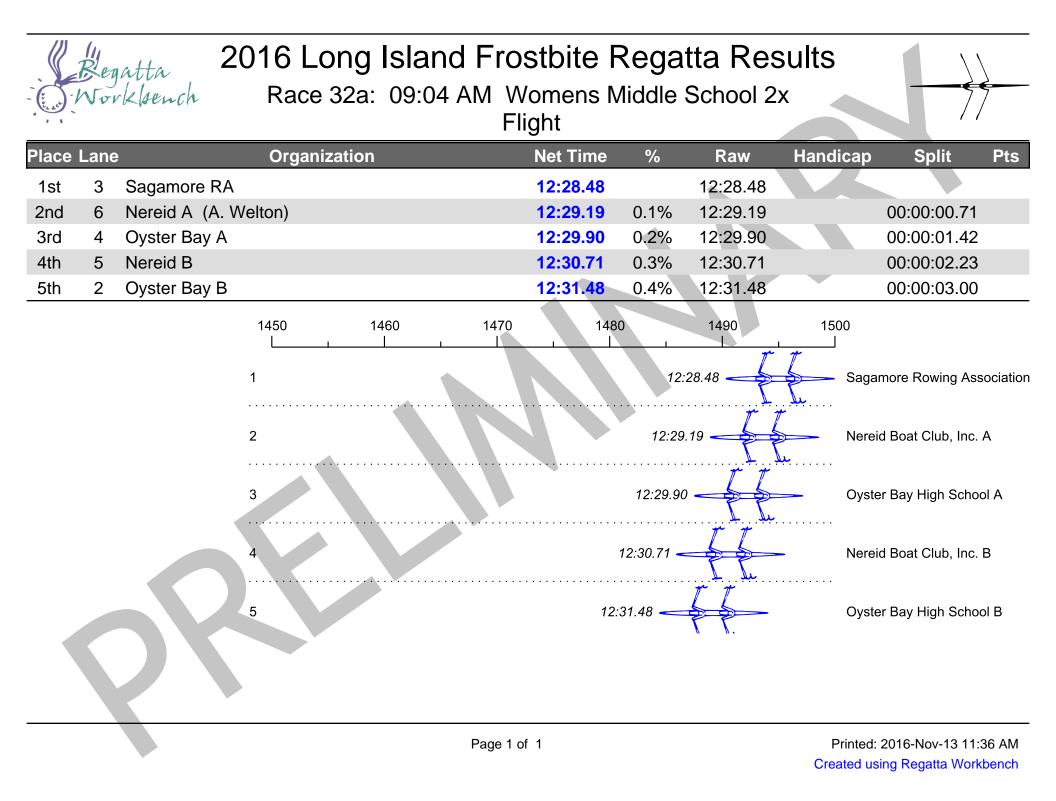
	(II Rian	2016 Long Island	d Frostbite	Rega	tta Res	sults		
	Wor	klench Race 2b: 08	8:24 AM Men Flight 2	s Varsity	y 1x			7
Place	Lane	Organization	Net Time	e %	Raw	Handicap	Split	Pts
1st	5	Amadeusz Rowing Academy (T. Chabows	ski) <b>00:08.1</b> 4	L .	00:08.14			
2nd	7	Amadeusz Rowing Academy (J. Karen)	00:13.02	60.0%	00:13.02		00:00:04.88	
3rd	1	Amadeusz Rowing Academy (J. McNichol	as) 03:13.89	2281.9 %	03:13.89		00:03:05.75	
4th	2	Peconic (M. Richman)	06:11.48	4463.6 %	06:11.48		00:06:03.34	
5th	6	Oyster Bay	10:18.28	7495.6 %	10:18.28		00:10:10.14	
	3	Amadeusz Rowing Academy (A. Zimny)	Scratch	l				
	4	Nereid (J. Cioffari)	Scratch					

	II Rei	atta 20°	16 Long Isla				•		sults		
	Voi	rkbench	Race 3a:			Women ght	is Novi	ce 8+			•
Place	Lane		Organization			Net Time	%	Raw	Handicap	Split	Pts
1st	6	Manhasset High S	School (A. Tsalikis)			07:38.38		07:38.38			
2nd	2	Our Lady of Mercy	у			07:43.24	1.1%	07:43.24		00:00:04.86	
3rd	4	Mountain Lakes				08:07.93	6.4%	08:07.93		00:00:29.55	
4th	7	St. John the Bapti	st			08:32.79	11.9%	08:32.79		00:00:54.41	
5th	8	Sagamore RA				08:33.36	12.0%	08:33.36		00:00:54.98	
6th	3	Syosset Rowing C	Club (d. pitta)			09:23.11	22.8%	09:23.11		00:01:44.73	
7th	5	Port Rowing		1		09:46.23	27.9%	09:46.23		00:02:07.85	
1150 		1220	1290	1360		143	30	1500			
1							07:38.	38 - <u>Irlifi</u> Ma	anhasset Higl	h School	
2						0	7:43.24 ~	utre Ou	ur Lady of Me	rcy Academy (C	)LMA
3				08:07.	93	-Irlehle-		M	ountain Lakes	s Rowing Club	
1 · · · · · · · · · · · · · · · · · · ·			08:32.79 - Irin	php-				St	. John the Ba	ptist DHS Crew	
5			08:33.36	4				Sa	agamore Row	ing Association	
 3	 09:2	23.11 - telefor							osset Rowing	-	
		09:46.23			 			· · · · · · · · · · · · · · · · · · ·	iends of Port		

	egatta orkbench	2016 Long Rad	ce 4a: 08:40 A		•		sults	de d	3
Place La	ne	Organizatio	n	Net Time	%	Raw	Handicap	Split	Pts
1st 5	5 Sagamor	e RA		07:58.61		07:58.61			
2nd 2	2 Cold Spri	ng Harbor (N. Aronow	/)	10:22.15	30.0%	10:22.15		00:02:23.54	
3rd 1	Syosset F	Rowing Club (M. Koes	stner)	10:50.80	36.0%	10:50.80		00:02:52.19	
3	8 Manhass	et High School B (K. I	-itszsimons)	Did Not Finish					
Z	Port Row	ing B		Did Not Finish					
6	S St. Antho	ny's		Scratch					
1050 1 2 3	1140 10:22.15 10:50.80			07:58.61	Cold Sprin	Rowing Assoc ng Harbor HS/C owing Club		or Rowing Associati	on, Inc.
			Page 1	of 1				: 2016-Nov-13 11:5 sing Regatta Workb	

	III Rei	atta 20	16 Long I	sland Fro	stbite	Rega	tta Re	sults	
	Voi	atta 20 Kløench	Race	4b: 08:48 A Flig	M Mens. ght 2	Novice	<del>)</del> 8+		<u> </u>
Place I	Lane	•	Organization		Net Time	%	Raw	Handicap	Split Pts
1st	6	Mountain Lakes			07:02.00		07:02.00		
2nd	2	Port Rowing A			07:19.06	4.0%	07:19.06		00:00:17.06
3rd	4	Manhasset High	School A (B. Wei	sberg)	07:20.54	4.4%	07:20.54		00:00:18.54
4th	5	St. Anthony's A			07:50.28	11.4%	07:50.28		00:00:48.28
5th	3	St. John the Bap	tist		07:59.73	13.7%	07:59.73		00:00:57.73
1300 I		1340	1380 . I	1420	1.	460	150	0	
		9.28 - <u>Jelefe</u> - 07:59.73		07:19.06 II 07:20.54 It			<u></u>	Friends of Por Manhasset Hi St. Anthony's	U U
			~	Page 1 o	of 1				2016-Nov-06 09:13 AM sing Regatta Workbench

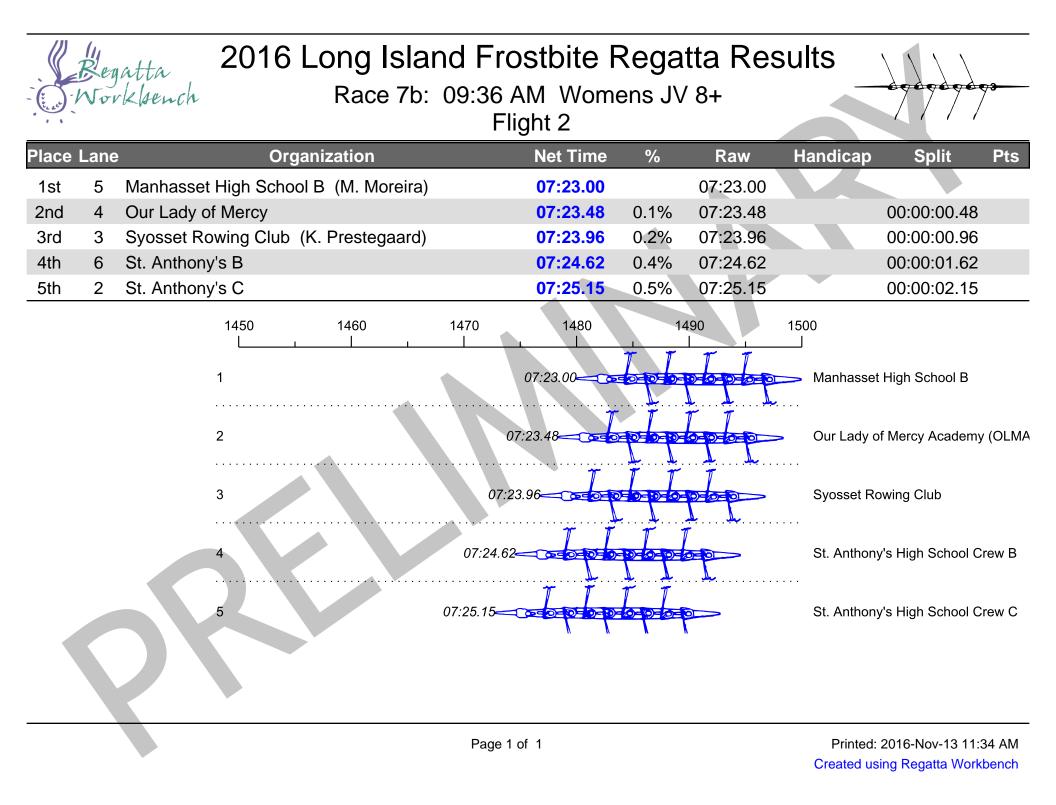




	lıj Beg	atta 2016 Long Island F Race 21a: 09:12		Ŭ		sults	
	Vor	Race 21a: 09:12	AM Wome Flight	ns Vars	sity 4x		
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split Pts
1st	4	Amadeusz Rowing Academy (G. Goodyear)	08:10.00		08:10.00		
2nd	5	Sagamore RA A	08:17.21	1.5%	08:17.21		00:00:07.21
3rd	6	Oyster Bay	09:13.09	12.9%	09:13.09		00:01:03.09
4th	2	Sag Harbor (A. Lehman)	11:14.09	37.6%	11:14.09		00:03:04.09
5th	3	Sagamore RA B	15:12.32	86.2%	15:12.32		00:07:02.32
6th	7	Sagamore RA C	17:18.12	111.9%	17:18.12		00:09:08.12
650 			0	330 	150	00	
1				6	8:10.00 🚥	Amadeusz F	Rowing Academy
2				08.	17.21	Sagamore R	owing Association A
3			09:13.09			Oyster Bay I	High School
4		11:14.09 ***				Sag Harbor	Community Rowing
5		5:12.32 **				Sagamore R	owing Association B
6		17:18.12				•	owing Association C
						-	-

	lij Reg Voi	atta kloench	201	6 Long Race	Island e 22a: 09	):20 A		•		sults	
Place L	ane	)		Organization	1		Net Time	%	Raw	Handicap	Split Pts
1st	4	Amadeusz	Rowing	Academy A	(J. Karen)		06:08.20		06:08.20		
2nd	2	Amadeusz	Rowing	Academy B	(A. Frankini)		06:08.95	0.2%	06:08.95		00:00:00.75
3rd	3	Nereid (S.	Brown)				06:55.41	12.8%	06:55.41		00:00:47.21
1300 I		134	0	1380 I		1420 I		1460	15	500 I	
1		•		•				06:0	8.20	- Amadeusz	Rowing Academy A
2								06:08	9.95	Amadeusz	Rowing Academy B
3			5.41								at Club, Inc.
						Page 1 c	of 1				: 2016-Nov-06 09:32 AM sing Regatta Workbench

	lıı Rei	atta 20	16 Long	Islar	nd Fro	stbite	Rega	tta Re	sults		
	Voi	atta 20 Kløench	Rad	ce 7a:		M Wom ght 1	iens JV	′ 8 <b>+</b>		- de de de de	<b>93</b>
Place	Lane	)	Organizatio	า		Net Time	%	Raw	Handicap	Split	Pts
1st	2	Mountain Lakes				07:18.53		07:18.53			
2nd	4	Manhasset High	School A (M. I	_yons)		07:30.45	2.7%	07:30.45		00:00:11.92	2
3rd	6	Port Rowing (B.	Lipset)			08:26.30	15.5%	08:26.30		00:01:07.77	7
4th	3	St. Anthony's A				08:53.56	21.7%	08:53.56		00:01:35.03	3
5th	5	St. Anthony's B				12:02.62	64.8%	12:02.62		00:04:44.09	9
850 L		980 L	1110 I	I	1240 	1	370	150	0		
1							07:	18.53	Mountain Lak	es Rowing Cl	lub
2							07:30.45	-> <del>İşİşİşİş</del> -	Manhasset H	gh School A	
3					08:26.30	-11111			Friends of Po	rt Rowing	
4				08:53.56	5				St. Anthony's	High School	Crew A
5	<del>lift</del>	12:02.62							St. Anthony's	High School	Crew B
					Page 1 c	f 1				2016-Nov-06 10 sing Regatta Wor	



	lij Ben Voi	atta 2016 Long Island F Race 8a: 09:		Ŭ		sults	ererererererererererererererererererer
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split Pts
1st	5	Mountain Lakes	06:25.00		06:25.00		
2nd	2	Manhasset High School (G. Menke)	06:37.38	3.2%	06:37.38		00:00:12.38
3rd	6	Port Rowing B	06:37.85	3.3%	06:37.85		00:00:12.85
4th	3	Sagamore RA	07:20.63	14.4%	07:20.63		00:00:55.63
5th	7	St. Anthony's	13:10.23	105.3%	13:10.23		00:06:45.23
	4	St. Anthony's A	Did Not Finish				
700 1 2 3  5 	· · · · ·	860 1020 11	80	*	150 	Mountain La Manhasset Friends of F Sagamore I	akes Rowing Club High School Port Rowing B Rowing Association 's High School Crew
		Pag	e 1 of 1				2016-Nov-06 09:59 AM sing Regatta Workbench

	lij Bei	jatta 2	2016 Lo	ong Islar	nd Fros	stbite F	Rega	tta Res	sults	
	Woi	atta Kløench		Race 8b	: 09:52 Flig	AM Mer ht 2	ns JV 8	+		
Place	Lane	2	Organi	zation		Net Time	%	Raw	Handicap	Split Pt
1st	3	Port Rowing A	4			07:10.00		07:10.00		
2nd	2	St. Anthony's	В			08:06.66	13.2%	08:06.66		00:00:56.66
3rd	4	Port Rowing C	2			08:17.74	15.8%	08:17.74		00:01:07.74
4th	6	Cold Spring H	larbor			08:37.90	20.4%	08:37.90		00:01:27.90
5th	5	Syosset Rowi	ng Club (M.	Koestner)		09:47.23	36.6%	09:47.23		00:02:37.23
1050 I		1140	1230 I	1320	1410	15	00			
1			I			07:10.00 ·····	Friends of	Port Rowing A		
2			08	3:06.66			St. Anthor	y's High Schoo	ol Crew B	
3			08:17.7	4 - <del></del>				Port Rowing C		
4			3:37.90					g Harbor HS/C owing Club	old Spring Harbo	or Rowing Association, I
· · · · · ·		• 09:47.23								
					Page 1 of	1				: 2016-Nov-06 10:03 AN sing Regatta Workbenc

2016 Long Island Frostbite Regatta Results Norkbench Race 23a: 02:12 PM Womens Varsity 8+ Flight												
Place	Lane	Organization		Net Time	%	Raw	Handicap	Split	Pts			
1st	6	Sagamore RA		08:51.87		08:51.87						
2nd	4	Manhasset High School (M. Lyons)		08:53.33	0.3%	08:53.33		00:00:01.46				
3rd	2	Our Lady of Mercy		08:54.64	0.5%	08:54.64		00:00:02.77				
4th	8	St. John the Baptist		08:55.27	0.6%	08:55.27		00:00:03.40				
	1	St. Anthony's		Scratch								
	3	Mountain Lakes		Scratch								
	5	Port Rowing (J. Ritholz)		Scratch								
	7	Cold Spring Harbor (M. Hubner)		Scratch								

Begatta 2016 Long Island Frostbite Regatta Results   Workbench Race 24a: 02:20 PM Mens Varsity 8+   Flight												
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts				
1st	5	Manhasset High School A (B. Weisberg)	08:53.00		08:53.00							
2nd	6	Sagamore RA	09:39.97	8.8%	09:39.97		00:00:46.97					
3rd	1	St. John the Baptist	10:41.04	20.3%	10:41.04		00:01:48.04					
	2	St. Anthony's	Scratch									
	3	Port Rowing	Scratch									
	4	Mountain Lakes	Scratch									
	7	Manhasset High School B	Scratch									
	8	Knox Falcons	Did Not									
			Finish									